

NEEDLESTICK OR BODY FLUID EXPOSURE PROCEDURE

STEP 1: Immediately apply First Aid

For Needle-stick or Laceration:	For Splash to Skin:	For Splash to Mucous Membrane:
<ul style="list-style-type: none">• Allow wound to bleed freely (do not apply pressure to wound)• Wash area thoroughly with soap and water	<ul style="list-style-type: none">• Remove contaminated clothes and/or PPE• Wash affected area with soap and water	<ul style="list-style-type: none">• Flush area generously with water for 15 minutes• Use eyewash station if available to rinse any

STEP 2: Advise your Supervisor or Charge Person immediately

- Report to Occupational Health & Safety right away (between 08:00 – 16:00 Mon – Fri). If after hours, be sure to leave a message on 4611 for the Occ Health Nurse
- After hours, proceed to the Emergency Department only if the exposure was high risk – see Post Blood-borne Exposure Risk Assessment Tool
- Complete an Incident Report on the IRS

Things to know:

OHS needs to know the source patient's ID - provide the unique number (not the name) on your Incident Report

Ask the CRN to facilitate baseline testing of the source patient for Hepatitis B antigen, Hepatitis C and HIV (Meditech code EXPS – *See Connections\Departments\OHS\Occupational Exposures\Meditech Order Sets*). This should be **STAT blood-work**, as your follow up care will depend, in part, on the source patient's results.

The risk assessment tool will help determine any appropriate intervention required, such as a visit to ED for post exposure HIV prophylactic medication.

You will also be asked to consent for baseline testing also (i.e.) immunity to Hepatitis B (if not already documented), Hepatitis C, HIV and a liver function test (ALT). These are baseline tests only and not done on a stat basis.

Your results are confidential and Occupational Health will advise you of any follow up you require. Ask if you have questions or concerns – we are here to help you through this difficult process and can refer you to a physician if you require more information or follow up